

## **What is Considered Community Hours?**

### *Examples of Eligible Activities*

- Fundraising for service clubs and charities,
- Assisting with community events for the Food Bank, United Way
- Assisting in a senior's residence
- Coaching sports teams and helping to organize other sports related activities such as Special Olympics etc.
- Participating in environmental projects such as community clean-up, recycling programs
- Assisting with Brownies, Beavers, Sparks, Clubs, Pathfinders and Scouts
- Volunteer work with Parish groups such as Share Life, St. Vincent de Paul,
- Tutoring students
- Athletic tournaments, arts night, dances etc.
- Student Leadership, Chaplaincy, graduation, prom etc.

### *Examples of Ineligible Activities*

- Takes place in a factory, if the student is under fifteen years of age
- Work normally performed for wages by a person in the workplace
- Involves the operation of a vehicle, power tools or scaffolding
- Consists of tasks normally performed in the home or personal recreational activities

## **How do I find out about CS Hours?**

- Listen to morning announcements
- Check the volunteer board outside of the guidance office
- Check out the website [www.volunteerconnection.ca](http://www.volunteerconnection.ca)
- Phone 211 or Community Connection
- See a guidance counselor